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Destiny – Driven - Dreams

Client Acknowledgement Form

Client Name: _____ Date: _____

The Acknowledgement Form explains the responsibilities of the client and the life coach. This gives a better understanding of the coaching aspect. In addition, it explains the expectations of all parties involved.

What	Details		Initials
Coaching Process			
What Is Coaching?	<ul style="list-style-type: none"> • Coaching is a relationship between your coach and you • You are the expert in your life. Coaching helps to connect you. • Coaching is 100% Confidential & Non - Judgmental for all parties • Coaching is NOT Counseling or Therapy 		
Role of the Client?	<ul style="list-style-type: none"> • To be honest and open (and to tell when you cant be) • Willing to adopt a more positive outlook on self & life • Ready to be fully accountable for your life decisions/actions • You are responsible for your results. Success is directly related to your commitment and the effort you make. 		
Role of the Coach?	<ul style="list-style-type: none"> • To help set, clarify and maintain focus on your goals • To hold you accountable for what you say you will do • To help establish your own solutions & strategies • To encourage, support & believe in you even you may not. • To challenge you and help you recognize where you may be holding yourself back. Together we raise self- awareness 		

Signature: _____

Date: _____